

Colonic Irrigation/Hydrocolon Therapy is a valuable procedure used to assist the body in restoring optimum health and preventing disease. It may assist in many health conditions including constipation, bloating, sluggish bowel movement, irritable bowel syndrome, low immune system, poor digestion and skin problems. It also serves as a great kick start to any weight loss or cleansing program.

At Colonic Inner Health, we maintain the highest level of hygiene, including disposable equipment and unit sterilisation.

Nathalie Besancon is an I-ACT certified therapist and can provide you with all the information necessary regarding the LIBBE colon hydrotherapy system which is TGANZ registered.

Our sessions take place in our relaxing private rooms on your own. (Self-tube insertion/privacy kept.) The treatment consists of gravity fed, purified water entering the colon which you then gently release. This is performed several times during this revitalising treatment. A personal program is designed during your first visit with your colon therapist.

"Every tissue is fed by the blood, which is supplied by the intestinal system. When the intestines are dirty, the blood is dirty & so are the organs & tissues. It is the intestinal system that has to be cared for before any effective healing can take place."

-Dr Bernard Jensen

NATUROPATH

COLONIC
INNER HEALTH

Nathalie Besancon | NATUROPATH

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NATUROPATHY CONSULTATION
COLONIC IRRIGATION
NUTRITIONAL COUNSELING
LYMPHATIC DRAINAGE MASSAGE
HELP WITH WEIGHT LOSS
ION FEET DETOX
CHI MACHINE

NATUROPATH



COLONIC
INNER HEALTH

DETOX CLINIC

32 Pererika Street, Rotorua
colonicinnerhealth.co.nz

Naturopathic Initial Consultation

Adult - 1.5 hours	\$135.00
Child (1-12 years) - 1 hour	\$105.00

Follow up

Adult - 1 hour	\$110.00
Child (1-12 years) - 45 minutes	\$90.00

Single Consultation

(Only applies after an initial consultation and follow up)

Adult - 45 minutes	\$85.00
Child (1-12 years) - 45 minutes	\$75.00

Colonic First Visit

(Includes consultation, treatment)

Individual treatment	\$135.00
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Colonic Vitality Club Package

(Valid for 6 months)

3 Sessions (per person)	\$390.00
5 Sessions (per person)	\$625.00
10 Sessions (per person)	\$1150.00

Ionic Foot Bath Detox

30 minutes	\$50.00
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Effective, gentle and non-medical technology which produces beneficial physiological effects. Ionize, deacidify, de-parasite, release, recharge and detox yourself through the soles of your feet with negative ions which are alkalising.

5 Sessions - package (per person)	\$225.00
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Nutritional Counselling

"Eat well, perform better, feel great!"

Individualised advice and solutions specific to your needs & lifestyle to ensure you get the results you are looking for.

First session - 1.5 hours	\$135.00
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Personal assessment, including the creation of your own personalised nutrition plan.

Follow Up/Review Session - 1 hour	\$100.00
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PACKAGE 1

"Ultimate de luxe"	\$295.00
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1 Colonic treatment	45min
1 Ionic feet bath detox	30min
1 Ear candle cleansing	
Chi machine (lymph booster)	30min

PACKAGE 2

1 Colonic treatment	45min
1 Ionic feet bath detox	30min
Chi machine	30min

PACKAGE 3

1 Colonic treatment	45min
1 Ear candle	
Chi machine	20min

Chi Swing Machine

30 minutes	\$50.00
60 minutes	\$80.00

Passive aerobic exercise device activating the lymphatic system enabling detoxification, increasing oxygen and aligning the spine due to the figure eight motion caused by the specific oscillation of the machine. Used for warming up, enhanced performance, mental focus and to promote the dissipation of lactic acid.

5 Sessions Package (30mins)	\$225.00
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5 Sessions Package (60mins)	\$350.00
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Ear Candling

\$50.00

Benefits may include: wax & debris cleared from the ear canal; pressure relieved from behind the eardrum; sharpens mental functions, vision, hearing, taste & colour perception; eases earache, headache & sinus pressure, allergies; relaxation from the negative charge of the herbal smoke acts as a catalyst to clear nerve endings & promote healing.

Weight Loss Consultation

First appointment - 1.5 hours	\$125.00
Follow up - 45 minutes	\$95.00

All prices include GST.

Afterpay available.

Cancellations 24 hours prior, or full charge will apply.

Packages are for 1 person only.

Prices subject to change.

